

Name	Jennifer Lloyd
School	Ponderosa Elementary
Course	Physical Education
Lesson	La Raspa

**Sample Humanities Lesson Plan
Visual and Performing Arts**

STANDARD ONE: Demonstrate an understanding of the cultural and historical contexts and interrelationships of the arts and humanities disciplines among various cultures.

Target Area:

Cultural Context

Varied cultural expressions provide opportunities to develop empathy and understanding of other people

Historical Context

Discover the events that created these dances

Interrelationship of Arts

Literacy is taught through music and movement

Cross Cultural Relationship

Content Knowledge:

Understand the historical and cultural contexts of the visual and performing arts through Mexican dance.

Explain the objective(s) of this lesson:

1. Identify dances associated with particular places and events
2. Communicate feelings and ideas through Mexican dance

Describe the activity that will help students fulfill the lesson objective(s):
<p>Formation: partners in scattered formation</p> <p>A section: create a repeatable eight-beat movement in place with partner, using feet.</p> <p>B section: With partner, create a pathway through a shared space and walk pathway with at beat.</p>

<p>Suggested Materials:</p> <p>Music of “La Raspa” CD player</p>
<p>Student/teacher preparation required</p> <p>Students will learn the song, La Raspa, in music class. They will be learning the A, B sequences.</p>
<p>Length of lesson</p> <p>30 minutes</p>
<p>Assessment used to measure objective(s)</p> <p>Teacher observation of sequences in movement</p>
<p>Ideas for coordinating with other subject areas</p> <p>History: The European settlers brought “La Raspa” to Mexico many years ago. It originated in Italy. Raspa in Italian means “to scratch the ground, like a chicken.”</p>

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Lesson	Mexican Hat Dance

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STANDARD TWO: Conduct structural analysis, engage in reasoned argument and demonstrate informed judgment about philosophical, aesthetic, or ethical arts issues.

Target Area:

Reasoned Argument/Informed judgment (analysis of the arts)

Abstract into movement

Philosophical/Aesthetic Issue (demonstrate meaning and importance of the arts, use arts vocabulary)

Ethical Issue (legal, moral implications of the arts)

Dance forms influence groups of people

Content Knowledge:

Conduct analyses in the arts and humanities disciplines.

Explain the objective(s) of this lesson:

1. Show how the human body is used to express or communicate action, idea, or experience through movement.
2. Examine dance as a means of communicating meaning.

Describe the activity that will help students fulfill the lesson objective(s):
<p>Discuss the history of the Mexican Hat Dance and its meaning, first a courting dance then of national unity.</p> <p>With a partner, put hands of hips facing each other. Skip to the beat in place. When you hear the clicking of castanets, clap your hands together to the beat.</p> <p>Ta-dum, ta-dum, ta-dum-clap clap! Ta-da-da-da-dah-da-dum-clap clap!</p> <p>For next part of music, hook elbows with partner and swing around in a circle. First in one direction, then the other.</p>

<p>Suggested Materials</p> <p>Music: Mexican Hat Dance</p> <p>CD player</p> <p>Sombreros</p>
<p>Student/teacher preparation required</p> <p>Learn the Mexican Hat Dance song in music and the sequences</p>
<p>Length of lesson</p> <p>30 minutes</p>
<p>Assessment used to measure objective(s)</p> <p>Teacher observation</p>
<p>Ideas for coordinating with other subject areas</p> <p>Art: Make a sombrero</p>

Name	Jennifer Lloyd
School	Ponderosa Elementary
Course	Physical Education
Lesson	Cinco De Mayo Celebration

**Sample Humanities Lesson Plan
Visual and Performing Arts**

STANDARD THREE: Communicate in the humanities disciplines through application and creative expression.

Target Area:

Communicate through creative expression
Performance of our study of Mexican Culture

Content Knowledge:

Communicate in the visual and performing arts through application of artistic concepts, knowledge, and skills.

Target Area:

Interpret/perform work: Move as an individual and a group

Create work of art

Demonstrate behavior: Expression of movement

Explain the objective(s) of this lesson:

1. Perform as a group

Describe the activity that will help students fulfill the lesson objective(s):
<p>Cinco De Mayo Student Program:</p> <ol style="list-style-type: none"> 1. Welcome 2. Narrator-background of Cinco De Mayo 3. Musical performance 4. Physical Education performance 5. Art exhibit—sombrero, piñatas, maracas 6. Joint dance “La Raspa” 7. Enjoy Mexican refreshments (chips and salsa) 8. Adios Amigos!

<p>Suggested Materials</p> <p>Music: La Raspa, Mexican Hat Dance</p> <p>CD player</p> <p>Art</p> <p>Refreshments</p> <p>Narration</p>
<p>Student/teacher preparation required</p> <p>Previous lessons</p>
<p>Length of lesson</p> <p>30 minutes</p>
<p>Assessment used to measure objective(s)</p> <p>Teacher observation</p>
<p>Ideas for coordinating with other subject areas</p> <p>History and social studies: Mexican independence</p> <p>Art: sombrero, piñatas, maracas</p> <p>Literacy: Vocabulary</p>

